

7. Saurabh believes that his wife is having an affair with his friend and both of them are plotting against him and are planning to kill him. Identify the type of delusion he is experiencing. 1
 a) Delusion of reference b) Delusion of control
 c) Delusion of grandeur d) Delusion of persecution
8. Sunil shows loss of interest in most of the activities that he used to enjoy earlier, cannot sleep well at night, and exhibits excessive guilt. Sunil's symptoms are akin to that of: 1
 a) Somatoform Disorder b) Obsessive compulsive disorder
 c) Major Depressive-disorder d) Generalized Anxiety Disorder
9. The model of mental disorders emphasizes the interaction the interaction between a predisposition and an environmental condition encountered by the individual 1
 a) biological b) diathesis-stress model
 c) cognitive model d) psychodynamic model
10. According to the concept of balance proposed by Fritz Heider, imbalance between three aspects of the attitude is found when 1
 i) all three sides are of the P.O.X triangle are negative.
 ii) two sides are positive and one is negative.
 iii) all the three sides are positive.
 iv) two sides are negative and one side is positive.
 a) only (iii) b) (i) & (ii) c) (i), (ii) & (iv) d) (ii) & (iv)
11. Social loafing will occur when: 1
 a) The group members feel more responsible.
 b) Motivation of the members decreases.
 c) Belonging to the group is important.
 d) There is proper coordination among members.
12. When the components of an attitude system are in the same direction, it is referred to: 1
 a) Dissonance b) Attribution
 c) Consonance d) Impression
13. If Michael Jordan makes more of his shots when he is playing in a real game in front of millions of viewers than he does when he is practicing all alone, then this would be an example of: 1
 a) Social loafing b) The mere exposure effect
 c) Groupthink d) Social facilitation
14. Stages of group formation, according to Tuckman are: 1
 a) Storming, norming, adjourning, performing, forming.
 b) norming, performing, forming, adjourning, storming.
 c) adjourning, forming, storming, performing, norming.
 d) forming, storming, norming, performing, adjourning.
15. Which out of the following are the correct steps to formulate a client's problem? 1
 a) Identification of the area to be targeted for the treatment, choice of technique for treatment, understanding of the problem.
 b) Choice of technique for treatment, understanding of the problem, Identification of the area to be targeted for the treatment.
 c) Understanding of the problem, identification of the area to be targeted for the treatment, choice of technique for treatment.
 d) Understanding of the problem, choice of technique for treatment, identification of the area to be targeted for the treatment.

SECTION – B

16. Sunita loves to have tea and drinks 4-5 cups every day. Being aware of its ill effects, she promised herself that she would watch her favourite show on TV only if she managed to restrain herself from drinking more than one cup every day. Name the technique of self-control that Sunita is displaying here also give reason of it. 2
17. Differentiate between prejudice and stereotype. 2
18. Rehan always says 'I should be loved by everyone'. Through which technique we can resolve this thought of Rehan? 2

19. Explain a most effective technique for treating the specific phobia a person. 2
20. The economist Amartya Sen has got Nobel Prize for his work, which kind of intelligence it is depicting also tell the name of the founder of this theory. 2
(OR)
State the difference between interpersonal and intrapersonal Intelligence.
21. Write short note on the following: (1 x 2 = 2)
i) Kernel of truth ii) Self-fulfilling prophecy

SECTION – C

22. Kirti is of average intelligence but is high on ability to appraise, express and regulate her emotions. Identify the intelligence that she exhibits and why it is receiving so much attention these days. Suggest some ways to enhance this kind of intelligence of students in schools. 3
(OR)
Ananya is a good dancer who is well adjusted in school as she cooperates with her teachers and classmates in all school related activities. She is also liked by friends and family. Identify and explain the types of intelligences that Ananya is exhibiting.
23. What is burnout? Explain any one cause of burnout. (2 + 1 = 3)
24. Atif is a 5 years old child, he is more attached with his mother, whenever he is asked to go to school, he always, cries, shout and opposed he use to shows tantrums that not to send to school otherwise she would die explain, and also one another disorder of this category. (2 + 1 = 3)

SECTION – D

25. Explain the term intelligence. Describe the PASS model of intelligence. 4
26. Paul Costa and Robert McCrae have examined all possible personality traits. The findings indicate a set of five factors. Name that theory and explain those factors. 4
27. A five-year-old child is showing disruptive and aggressive behavior in the class. As her teacher, which form of therapy would you use to help modify her behavior?
28. A group of 20 students was asked to complete the task of decorating the classroom boards. However, it was brought to the notice of the teacher that not everyone was participating and putting in effort. Identify and explain the phenomenon being described above and give reasons why this occurs. 4
(OR)
Give the difference between following: (2+2=4)
a) mob and audience b) Team and group

SECTION – E

29. Describe the humanistic approach to personality. What did Maslow mean by self-actualization? Explain. 6
(OR)
Explain the characteristics of indirect techniques that are used to assess personality. Describe any three such tests.
30. One day in the morning Mohan wake-up and moved somewhere to a new place with new name and identity, made new family, joined new job, forgot everything about past, explain which type of disorder he is suffering from also other types of this disorder with the help of suitable examples. 6
(OR)
Explain mental disorders from the perspective of any three psychological models.

SECTION – F

31. Samyak is a 17-year-old grade XII student who is also preparing for law entrance exams. He has recently shifted to another rented accommodation as the landlord asked his family to vacate the house. Shifting home along with school work and coaching work was very stressful for him. His parents have told him it was OK for them if he did not clear law exam as he has other options too. Commuting to school has become longer and faces many traffic jams on the way resulting in late arrival in school as well as his coaching class. Since he is doing two things simultaneously, he is struggling with the double load of work. Samyak is a perfectionist who has to do all assignments just right or not do at all. While working on assignments he attempts them several times till he is satisfied. He is overwhelmed with pending assignments and has been frequently missing deadlines. He wanted to excel both in school exams as well as entrance exam for law. His regular football sessions with his friends had to be cut down. Of late he has been experiencing mood swings and also shouts at his close friends. His friends now avoid meeting him because of his erratic behaviour and outbursts.
- a) Stress has adverse impact on our functioning and health. Samyak's erratic behaviour towards his friends, mood swing and outbursts can be attributed to: 1
 - a) Effect of stress on emotional functioning.
 - b) Effect of stress on cognitive functioning.
 - c) Effect of stress on behaviour.
 - d) Effect of stress on physiological functioning.
 - b) Recognize the psychological stress in Samyak and also explain it. 2

32. Read the case given below and answer the following questions:

In a world where animals have no intention of eating each other, a little bunny named Sonu who grew up on a farm leaves her family to pursue her dreams of being the first bunny cop in Zootopia. Sonu is tiny compared to the other recruits at the Zootopia Police Academy and faces difficulties managing the obstacle courses run by the drill havildar. But through sheer determination, and by using her wits, Sonu wins the best student award. Zootopia Mayor Sher Singh oversees the ceremony and Assistant Mayor Toofan Singh, a sheep, formally congratulates Sonu as the first bunny police officer, saying it's a big day for all small animals. She is assigned to Division1 in the heart of Zootopia. She's all too excited for her first day. She gets up bright and early and makes it to the police station where she is directed to roll-call by the pudgy desk havildar, a cheetah named Benjamin. All the other officers (elephants, rhinos, hippos, and bears) tower over Sonu. Police Chief Bogo calls them to order and explains their first priority is handling the case of fourteen missing animals; all predators. Bogo divides everyone into teams to pursue this but looking at Sonu's tiny frame assigns her to parking duty. Parking duty is issuing tickets to those who do traffic violations. It is usually done by traffic police.

- i) Identify the psychological phenomenon involved in Chief Bogo assigning parking duty to the best student of the Police Academy instead of the case that everyone else is involved in. 1
 - a) Scapegoating
 - b) Cognitive dissonance
 - c) Identification
 - d) Prejudice
- ii) If Sonu was to stop trying to excel as a police officer and only do traffic duty from now on, it would be an example of _____ and also Identify the basis of cognitive component of Chief Bogo's attitude toward Sonu. 2